

ALL APPLICANTS - NOTES FOR GUIDANCE

Please email your application with your documents to Betti – betti@minstercentre.org.uk

1. *Personal biography:* 1000 - 1500 words, typed

This is an important document that we will use to look for evidence of your capacity to reflect honestly, maturely and openly, on your background and life experience and its impact on you. Please write your biography in a way which shows this.

This biography is particularly important because training to be a therapist is likely to lead to you reflecting again on issues from your own life and will also require you to develop very high levels of self-awareness. We therefore need to assure ourselves that you are ready to undertake such training.

The following topics are likely to be relevant although there may be other areas that are important and you want to include:

- family of origin including parents, siblings and/or any significant others
- influences on the family such as cultural, religious or other belief, ethnic, educational, class and history.
- main events and relationships in childhood and adolescence
- current living situation and important relationships, including children
- significant illnesses, accidents or other conditions or crises at any time
- significant losses or separations
- significant cares and concerns
- why you would like to train as a therapist

Your CV:

This should be relevant to your application to the Minster Centre and should include a summary of your education and work experience, please start with the most recent and work backwards.

2. *Scanned copy of your certificates:*

- Please email a scanned copy of your undergraduate degree certificate or equivalent. If you apply for the First Year Diploma / Post Graduate Diploma please email a scanned copy of your Foundation certificate or equivalent.
- If you have any other *significant, long term* qualifications directly related to Counselling and Psychotherapy please include scanned copies of these too.
- If you have difficulties with scanning your certificates, please let us know.
020 7644 6245 or betti@minstercentre.org.uk

3. *References:*

Please supply two references – **one academic and one personal**. Please note that both of the references should be either on **headed paper or printed from the referee's email account**. More information about references is available on the application form.

4. *Therapist approval*

If you are engaged with a therapist, please complete the Therapist approval form on the website.

Optional

5. *The Minster Centre's bursary*

If you would like to apply for our bursary scheme, please follow this link for further information - [The Minster Centre bursary scheme](#)